

TNS House
Westgate
London
W5 1UA

Tel ++44 208 967 1511
Fax+44 208 967 1446
Jackie.stevens@tns-global.com

Jackie Stevens
Assistant to the Company Secretariat

By Courier

Securities and Exchange Commission
Filing Desk
Division of Corporation Finance
Office of International Corporate Finance
450 Fifth Street N.W
Washington DC 20549
United States

17 October 2005



SUPPL

Dear Sir/Madam

Re: Taylor Nelson Sofres plc: file no 82-4668

In accordance with the requirements of rule 12-g3-2b please find enclosed the following for Taylor Nelson Sofres plc:

1. Taylor Nelson Sofres plc – RNS Announcement – Director's exercise of options – Tony Cowling.
2. Taylor Nelson Sofres plc – RNS Announcement – Director's exercise of options – David Lowden.

I trust the above is in order, please do not hesitate to contact me should you have any queries.

Please could you acknowledge receipt of this letter and the documents enclosed herewith, by stamping the enclosed copy of this letter and returning it to the Company in the enclosed self-addressed envelope.

Yours faithfully

Jackie Stevens

Enc.

SC
PROCESSED

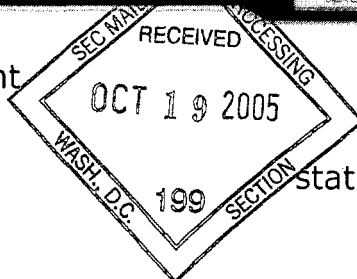
OCT 21 2005

**THOMSON
FINANCIAL**

David Lowden



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Company

Taylor Nelson Sofres PLC

Headline

Director/PDMR Shareholding

Embargo

Last Update

15:05 14 Oct 05

[Full Announcement Text](#)

For immediate release

14 October 2005

**Taylor Nelson Sofres plc
Director's exercise of options**

Taylor Nelson Sofres plc (TNS) has been advised that the Chairman, Tony Cowling, today exercised options to purchase 116,000 ordinary shares of 5p each in the company, at n

The options were granted in 2002 under the Long Term Incentive Plan.

As a result of this transaction, Mr Cowling's combined beneficial holding in TNS is 1 representing 0.359 per cent of TNS's issued share capital.

For further information, please contact:

Janis Parks, Head of Investor Relations

+44 (0) 20 8967 1584

Email to: janis.parks@tns-global.com

For immediate release

14 October 2005

**Taylor Nelson Sofres plc
Director's exercise of options**

Taylor Nelson Sofres plc (TNS) has been advised that the Chief Operating Officer, David Lowden, has exercised options over 325,000 ordinary shares of 5p each in the Company under the Long Term Incentive Plan at an option price of 75p per share and sold a total of 175,000 ordinary shares at a price of 175p per share, representing 0.039 per cent of the company's issued share capital.

The proceeds of this sale will be used to fund the exercise of the options and partly fund the pension contribution national insurance also due on the exercise, with an extra injection of funds from Mr Lowden to cover the shortfall.

As a result of these transactions, Mr Lowden has increased his combined beneficial holding in the Company to 230,000 ordinary shares, representing 0.051 per cent of TNS's issued share capital.

For further information, please contact:

Janis Parks, Head of Investor Relations

+44 (0)20 8967 1584

Email to: janis.parks@tns-global.com

END

status list 



London
STOCK EXCHANGE

RNS

The company news service from
the London Stock Exchange

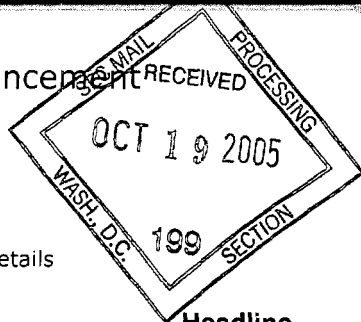
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Company

Taylor Nelson Sofres PLC

Headline

Director/PDMR Shareholding

Embargo

Last Update

15:00 14 Oct 05

[Full Announcement Text](#)

NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS DISCHARGING RESPONSIBILITY OR CONNECTED PERSONS

This form is intended for use by an *issuer* to make a *RIS* notification required by *DR 3.1.4R(1)*.

- (1) An *issuer* making a notification in respect of a transaction relating to the *shares* or debentures of the *issuer* should complete boxes 1 to 16, 23 and 24.
- (2) An *issuer* making a notification in respect of a derivative relating the *shares* of the *issuer* should complete boxes 1 to 4, 6, 8, 13, 14, 16, 23 and 24.
- (3) An *issuer* making a notification in respect of options granted to a *director/person discharging managerial responsibilities* should complete boxes 1 to 3 and 17 to 24.
- (4) An *issuer* making a notification in respect of a *financial instrument* relating to the *shares* of the *issuer* (other than a debenture) should complete boxes 1 to 4, 6, 8, 9, 11, 13, 14, 16, 23 and 24.

Please complete all relevant boxes should in block capital letters.

1. Name of the *issuer*

TAYLOR NELSON SOFRES PLC

.....

2. State whether the notification relates to (i) a transaction notified in accordance with *DR 3.1.4R(1)(a)*; or

(ii) *DR 3.1.4(R)(1)(b)* a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 2006

(iii) both (i) and (ii)

(iii) see 3 below

.....

3. Name of *person discharging managerial responsibilities/director*

DAVID LOWDEN (Director – in accordance with 2(iii) above)

ANDY BOLAND (Director – in accordance with 2(iii) above)

PEDRO ROS – (in accordance with 2 (i) above)

MIKE PENFORD – (in accordance with 2 (i) above)

JUDITH PASSINGHAM – (in accordance with 2 (i) above)

JAMIE HALL - (in accordance with 2 (i) above)

.....

4. State whether notification relates to a *person* connected with a *person discharging managerial responsibilities*/di. identify the *connected person*

N/A

.....

5. Indicate whether the notification is in respect of a holding of the *person* referred to in 3 or 4 above or in respect of interest

In relation to 3 above.

.....

6. Description of *shares* (including *class*), debentures or derivatives or financial instruments relating to *shares*

N/A

.....

7. Name of registered shareholders(s) and, if more than one, the number of *shares* held by each of them

N/A

.....

8 State the nature of the transaction

N/A

.....

9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

N/A

.....

10. Percentage of issued *class* acquired (*treasury shares* of that *class* should not be taken into account when calculating)

N/A

.....

11. Number of *shares*, debentures or financial instruments relating to *shares* disposed

N/A

.....

12. Percentage of issued *class* disposed (*treasury shares* of that *class* should not be taken into account when calculating)

N/A

.....

13. Price per *share* or value of transaction

N/A

.....

14. Date and place of transaction

N/A

15. Total holding following notification and total percentage holding following notification (any *treasury shares* sh account when calculating percentage)

N/A

16. Date issuer informed of transaction

N/A

If a director/person discharging managerial responsibilities has been granted options by the issuer complete the f

17 Date of grant

14 OCTOBER 2005

18. Period during which or date on which it can be exercised

14 OCTOBER 2008

19. Total amount paid (if any) for grant of the option

NIL

20. Description of *shares* or debentures involved (*class* and number)

ORDINARY SHARES 5 PENCE EACH

21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise

NIL

22. Total number of *shares* or debentures over which options held following notification

| | |
|--------------------------|------------------------|
| DAVID LOWDEN | 351, 000 SHARES |
| ANDY BOLAND | 261, 000 SHARES |
| PEDRO ROS | 125, 000 SHARES |
| MIKE PENFORD | 75, 000 SHARES |
| JUDITH PASSINGHAM | 125, 000 SHARES |
| JAMIE HALL | 125, 000 SHARES |

23. Any additional information

The above grants are in relation to conditional awards granted under the 2005 Long Term Incentive Plan.

.....
24. Name of contact and telephone number for queries

IAN PORTAL, COMPANY SECRETARY, 0208 967 2196

.....
Name and signature of duly authorised officer of *issuer* responsible for making notification

IAN PORTAL, COMPANY SECRETARY, 0208 967 2196

.....
Date of notification

14 OCTOBER 2005

.....
END
END

status list 